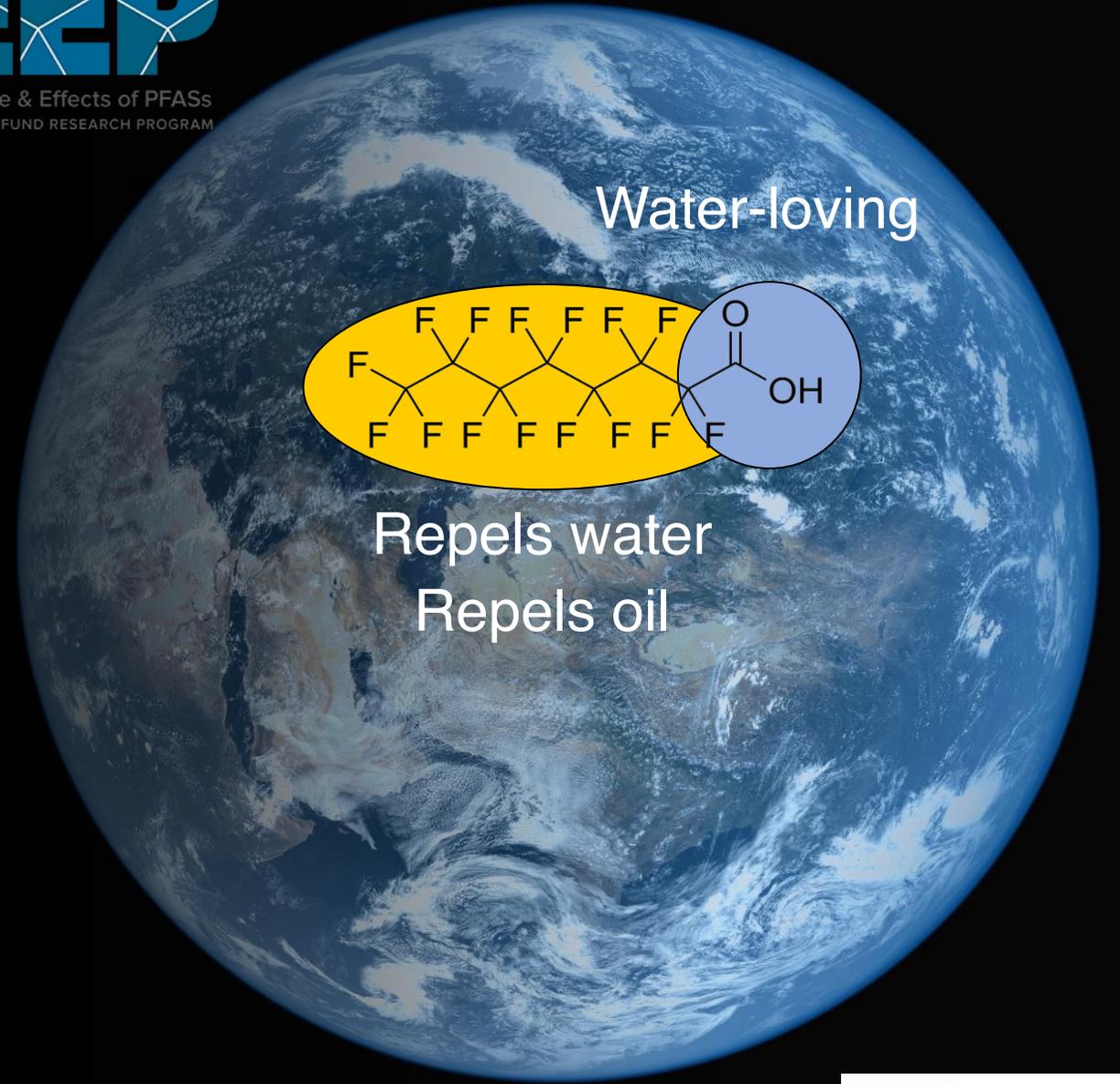


# PFAS In Our World: Understanding Exposures in a World Full of PFAS

Elsie M. Sunderland ([ems@seas.harvard.edu](mailto:ems@seas.harvard.edu))  
October 3, 2021



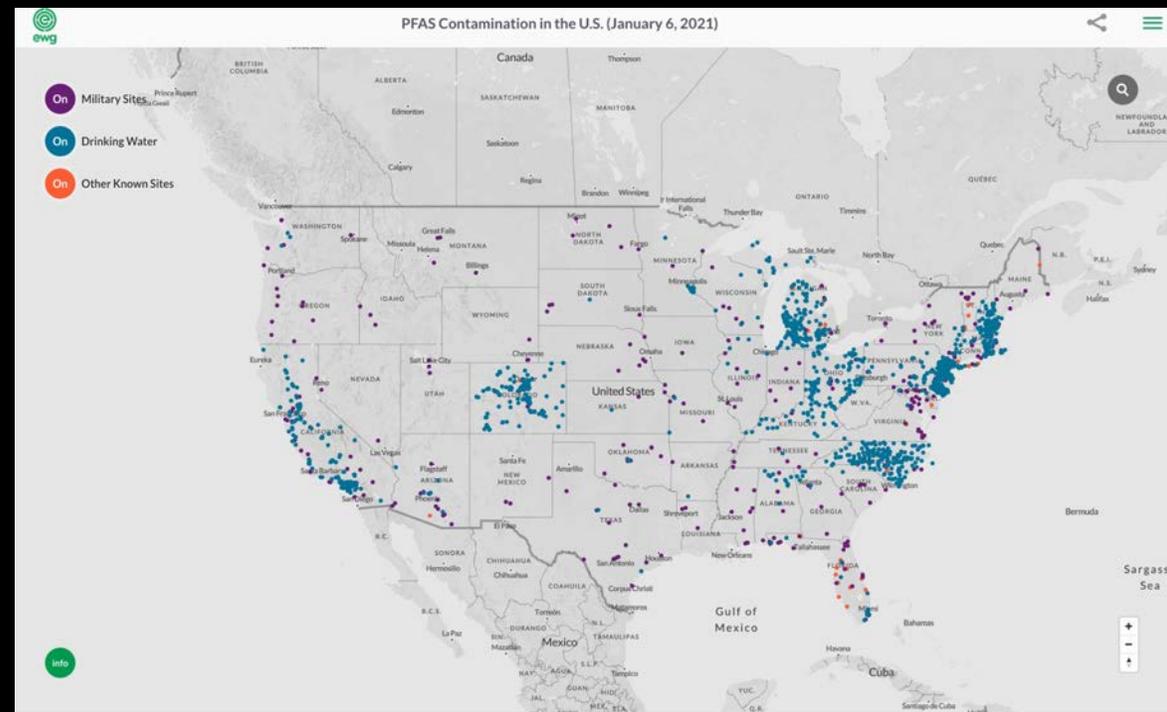
# Why are we concerned about PFAS exposures?

Impacts on communities



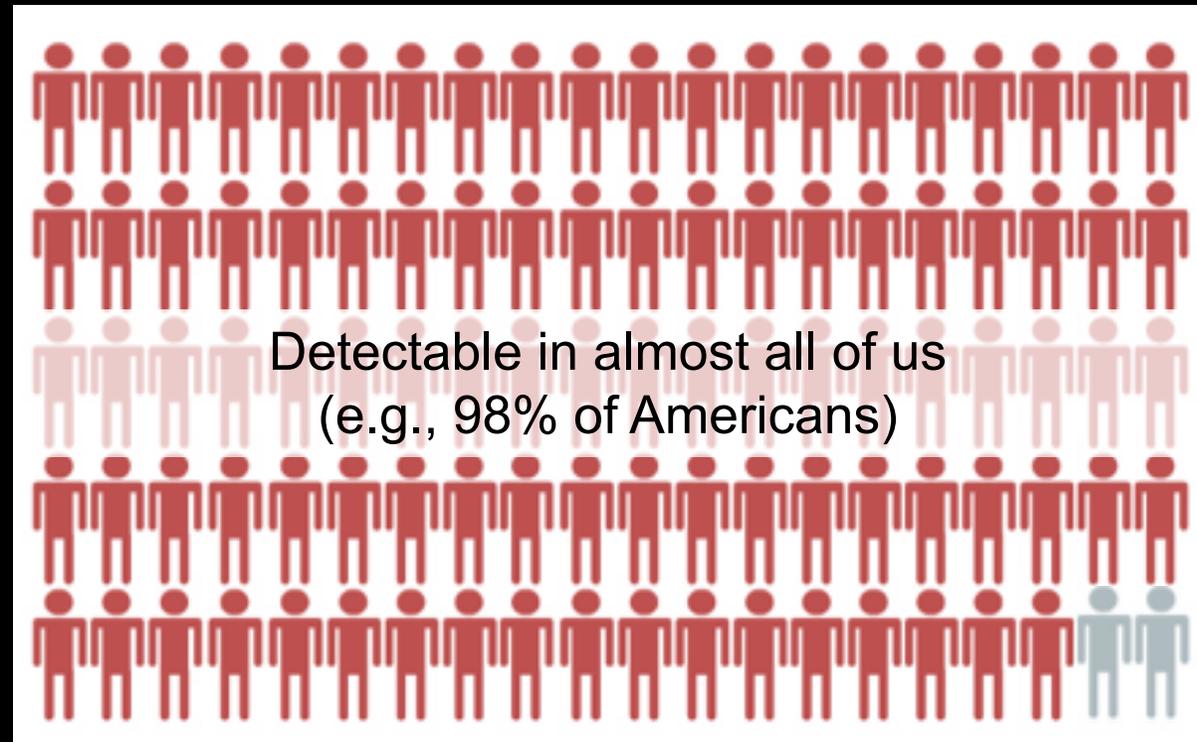
Nathaniel Brooks The New York Times

## Continued Discovery of Contaminated Sites



Source: Environmental Working Group (EWG)

# Why are we concerned about PFAS exposures?



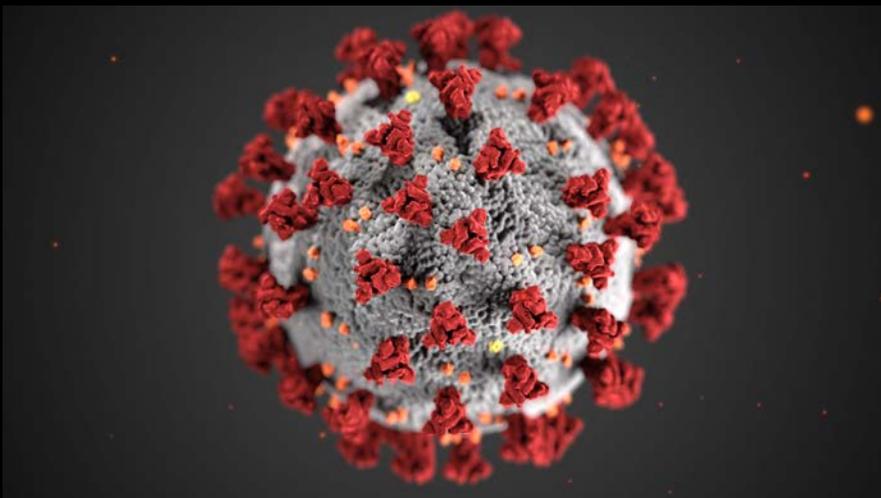
Gluge et al., 2020, ESPI

Khalil et al., 2016

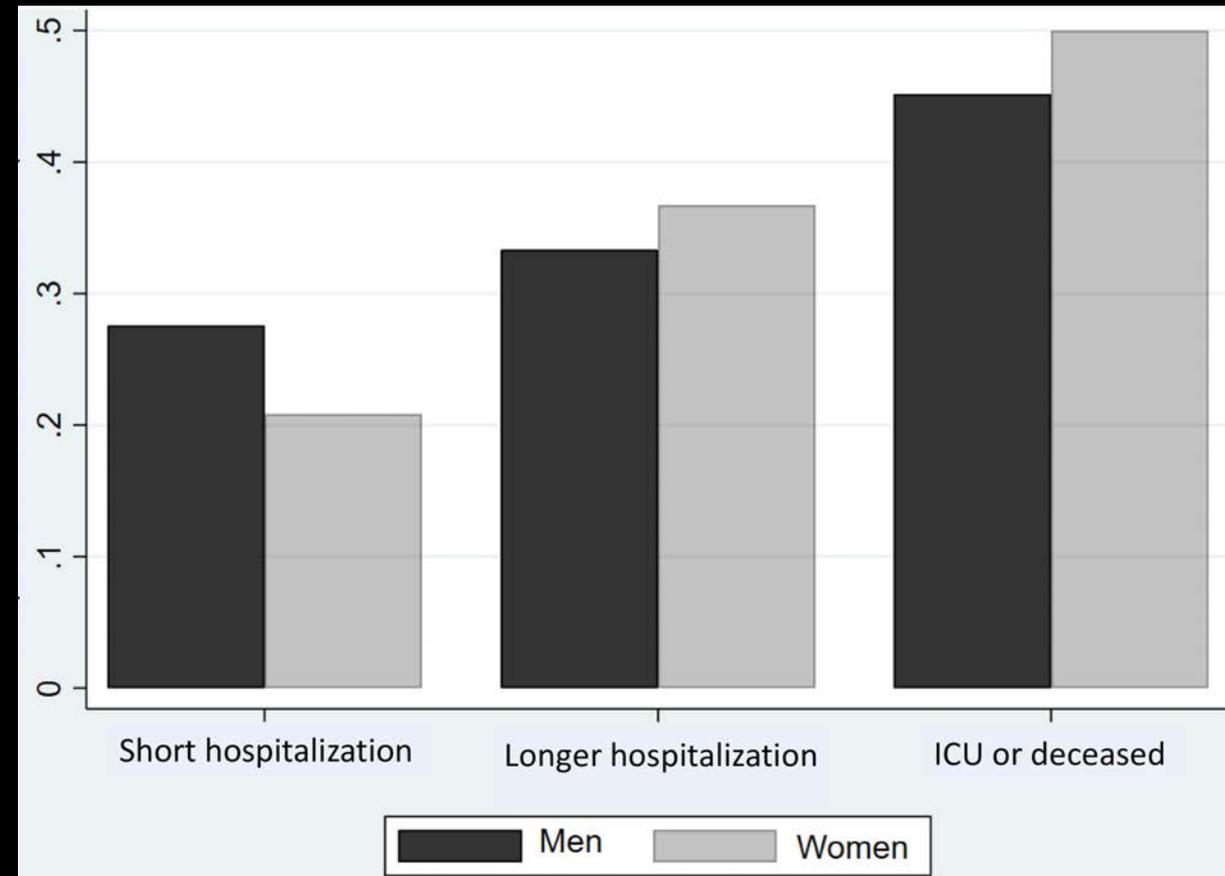
# Rapid Discovery of New Health Effects Associated with PFAS Exposure

## PFBA exposure linked to COVID-19 severity

- Grandjean et al., 2020
- <https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0244815>



Proportion with detectable PFBA in plasma



# A Few Grand Challenges for PFAS Exposure Research

1. Targeted methods for analysis underestimate total PFAS exposure
2. Incomplete data on pollution/exposure sources for developing risk mitigation strategies
3. Incomplete understanding of how and why exposures are changing in response to shifts in chemical production and regulation

# 1. We need to understand the organofluorine mass budget in different exposure matrices

**Organofluorine: C-F Bond (rare in nature)**

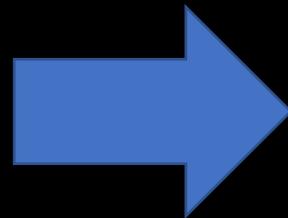
**PFAS:  $C_nF_{2n+1}$  moiety**

*Thousands of structures listed by OECD*



**Precursors**

(most organofluorine in many commercial products)



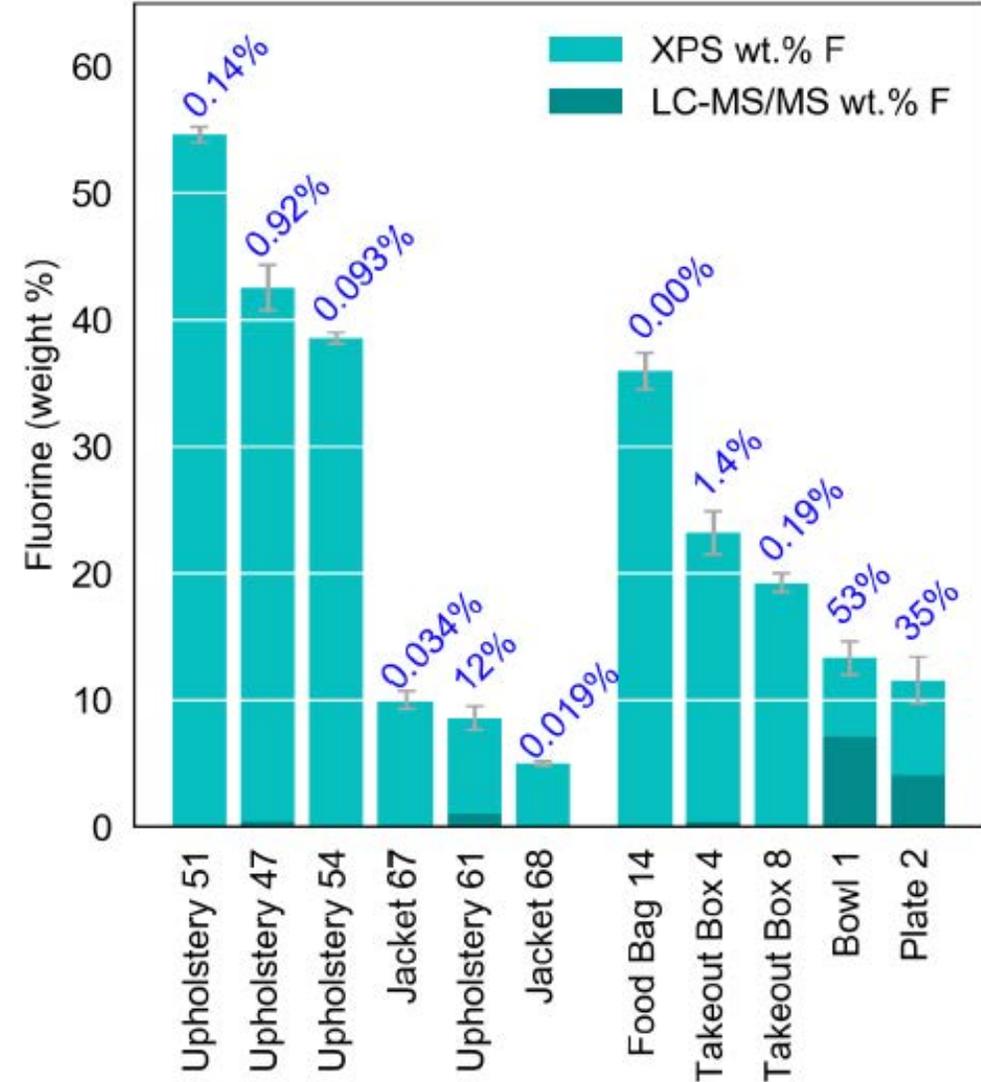
**F-C**  
FOREVER CHEMICALS

**Terminal Compounds**

e.g., PFCAs like PFOA, PFHxA

These are the real “forever chemicals”

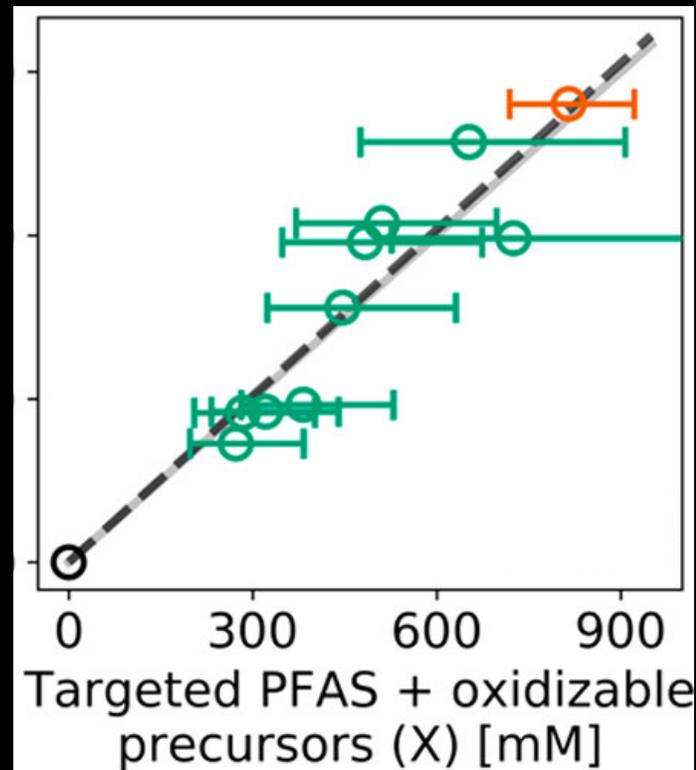
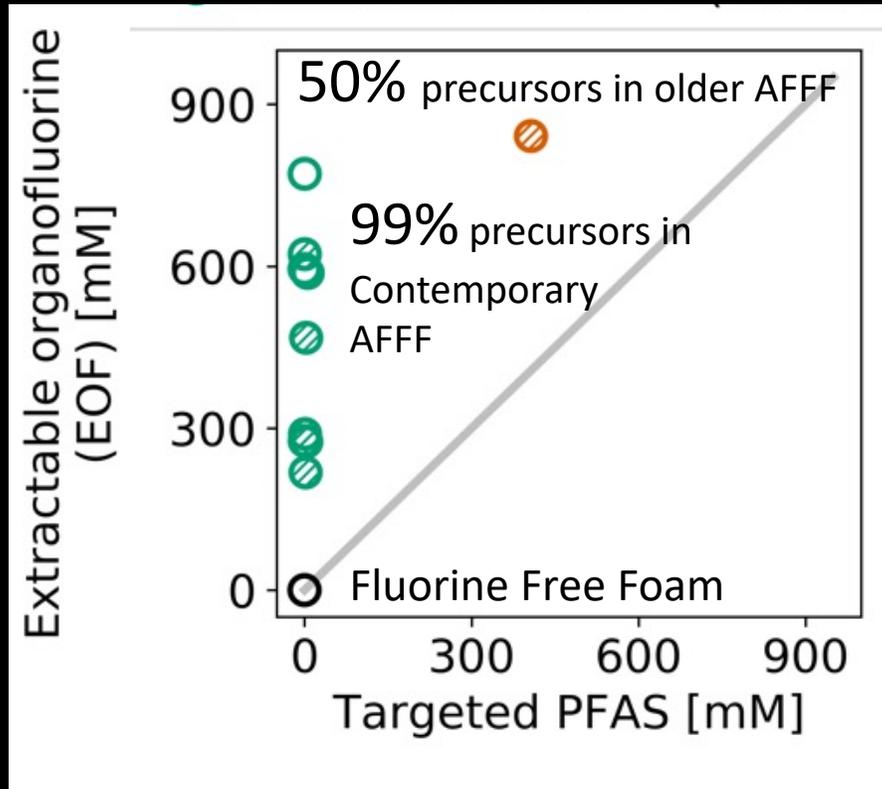
Example: Targeted LC-MS/MS measurements make up SMALL fraction of organofluorine (XPS) in consumer products



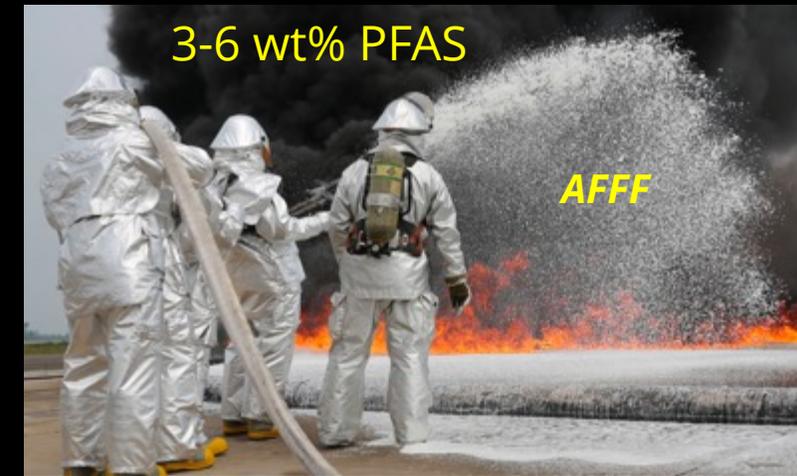
Tokranov et al., 2019, ES&T

# Example: Many sites have been contaminated by use of aqueous film forming foams (AFFF)

Most organofluorine (EOF) in AFFF not detected by standard EPA method

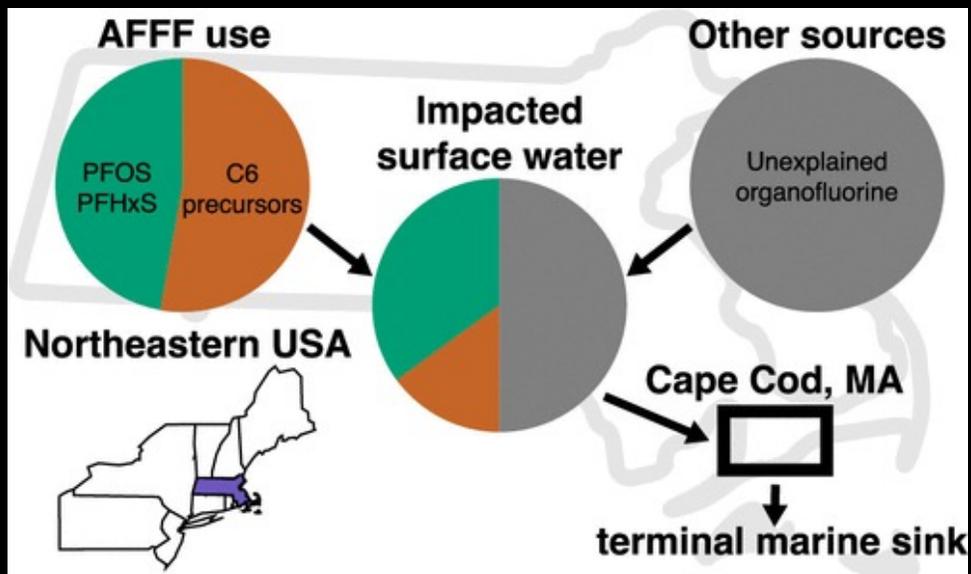


100% of the EOF in AFFF can be reproduced using the total oxidizable precursor (TOP) assay + statistical inference



# Large fraction of **unidentified organofluorine** in Cape Cod, MA rivers: Likely fluorinated pharmaceuticals from septic systems

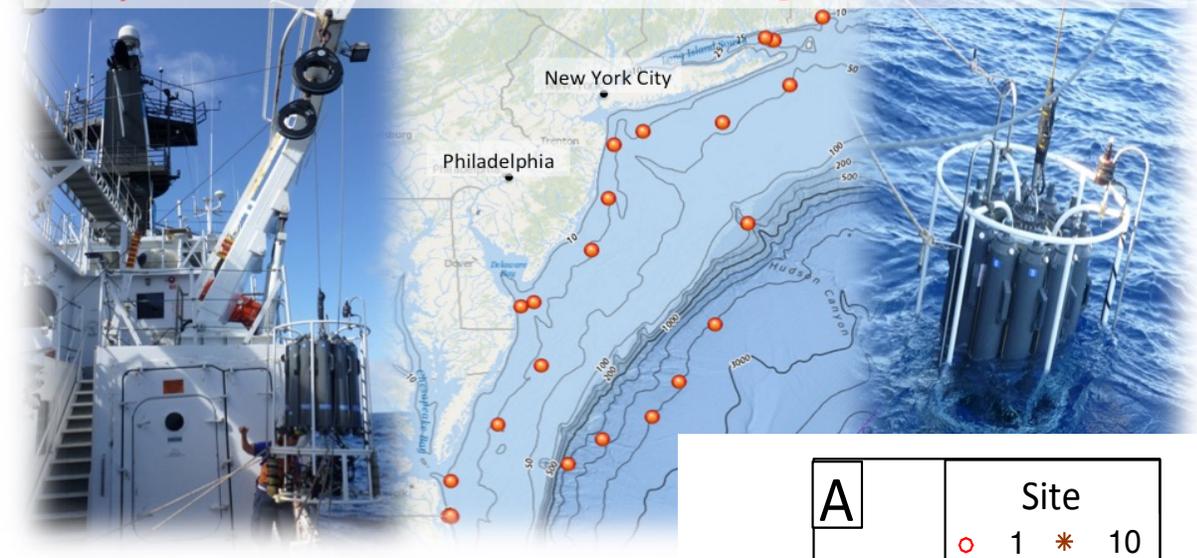
**24-63%** of EOF in coastal watersheds with a known AFFF source explained by targeted PFAS + oxidizable precursors



R/V Endeavor

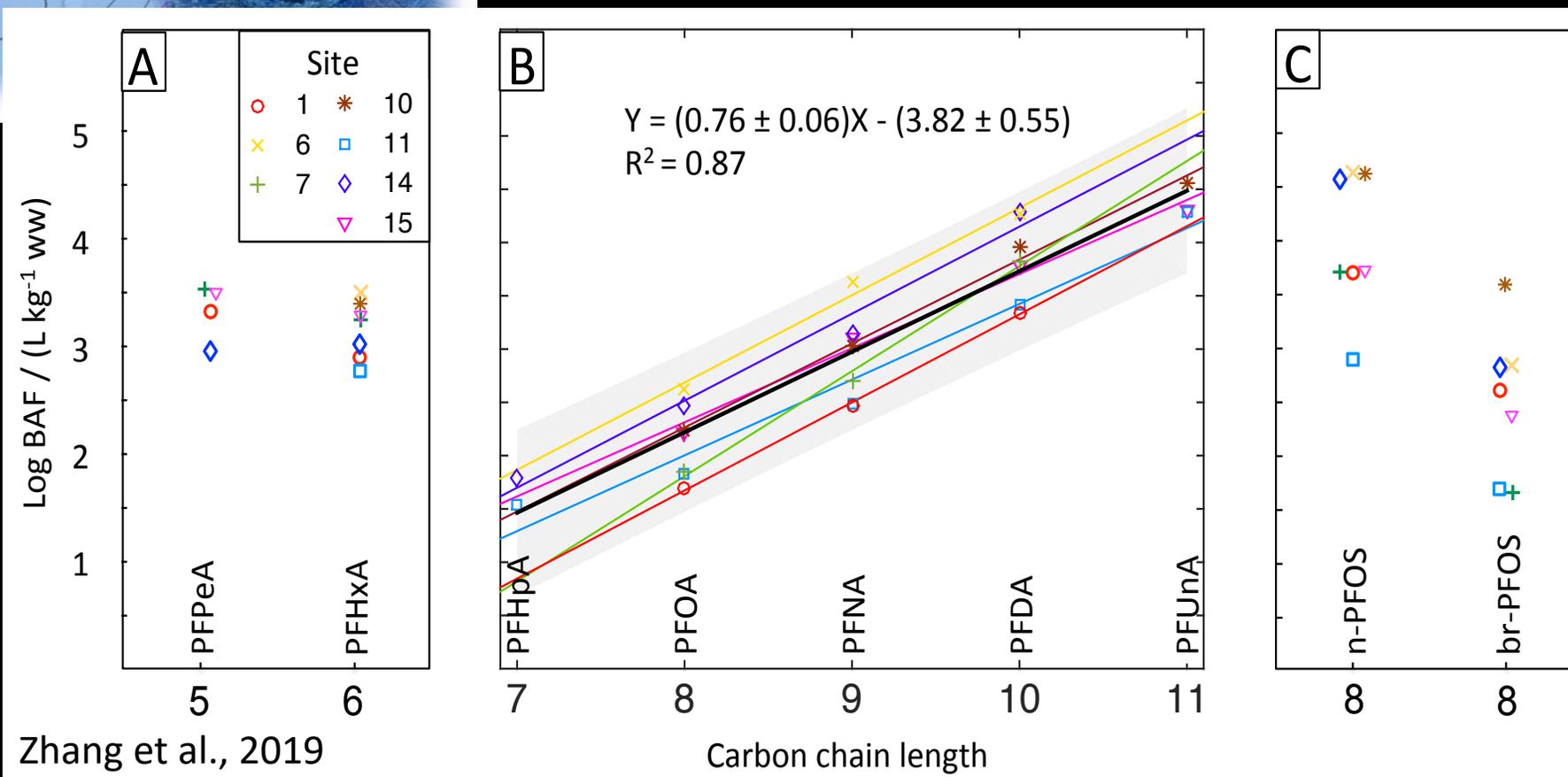
Northwest Atlantic Margin

PFASs



# Empirically derived Bioaccumulation Factors ( $C_{\text{plankton}}/C_{\text{water}}$ ) from the Northwestern Atlantic Shelf and Slope

Higher than expected concentrations of C-5 and C-6 PFCAs in plankton – **evidence of precursor uptake?**

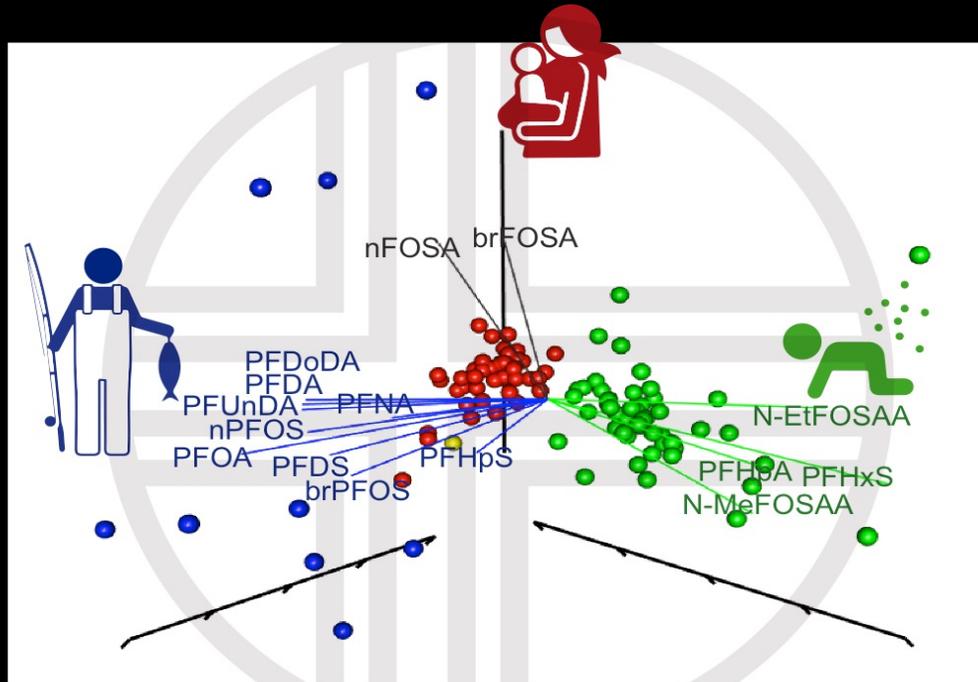


# A Few Grand Challenges for PFAS Exposure Research

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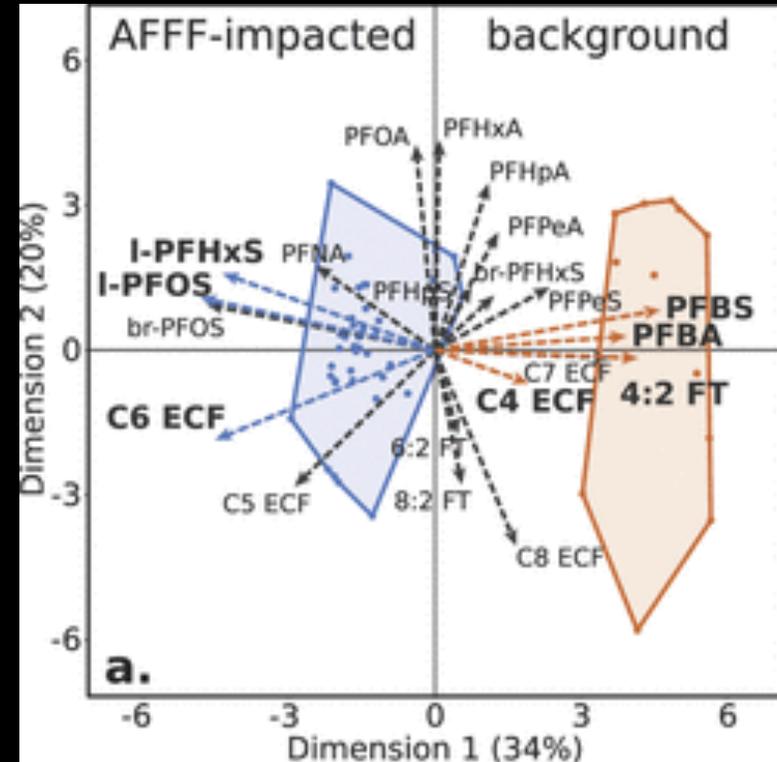
# Chemometrics approach to source identification: Exposure information can be derived from the composition of PFAS

## Human serum



Long-chain PFAA in serum (i.e., C>9)  
good tracer for seafood consumption  
(Hu et al., 2018; Dassuncao et al., 2018)

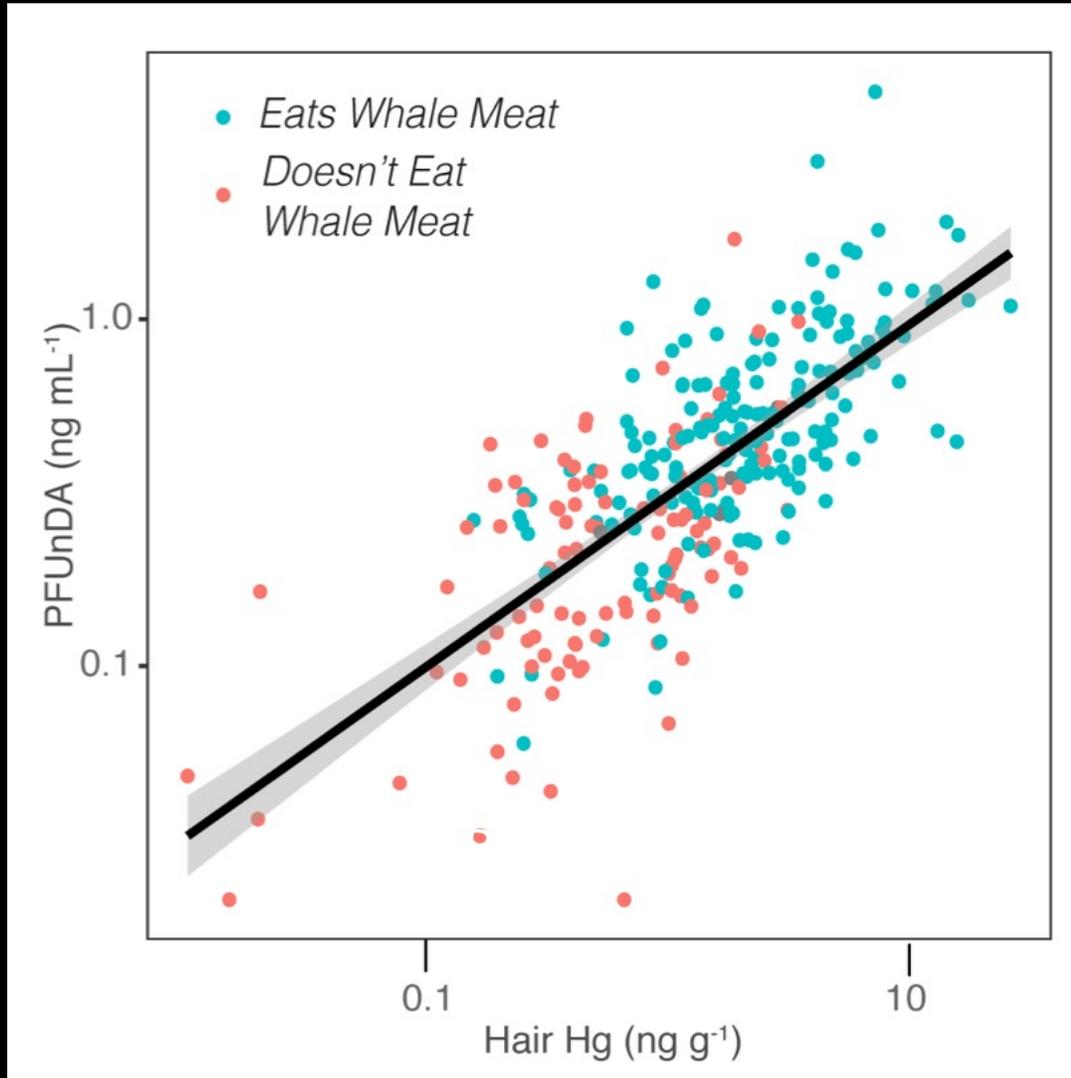
## Surface water



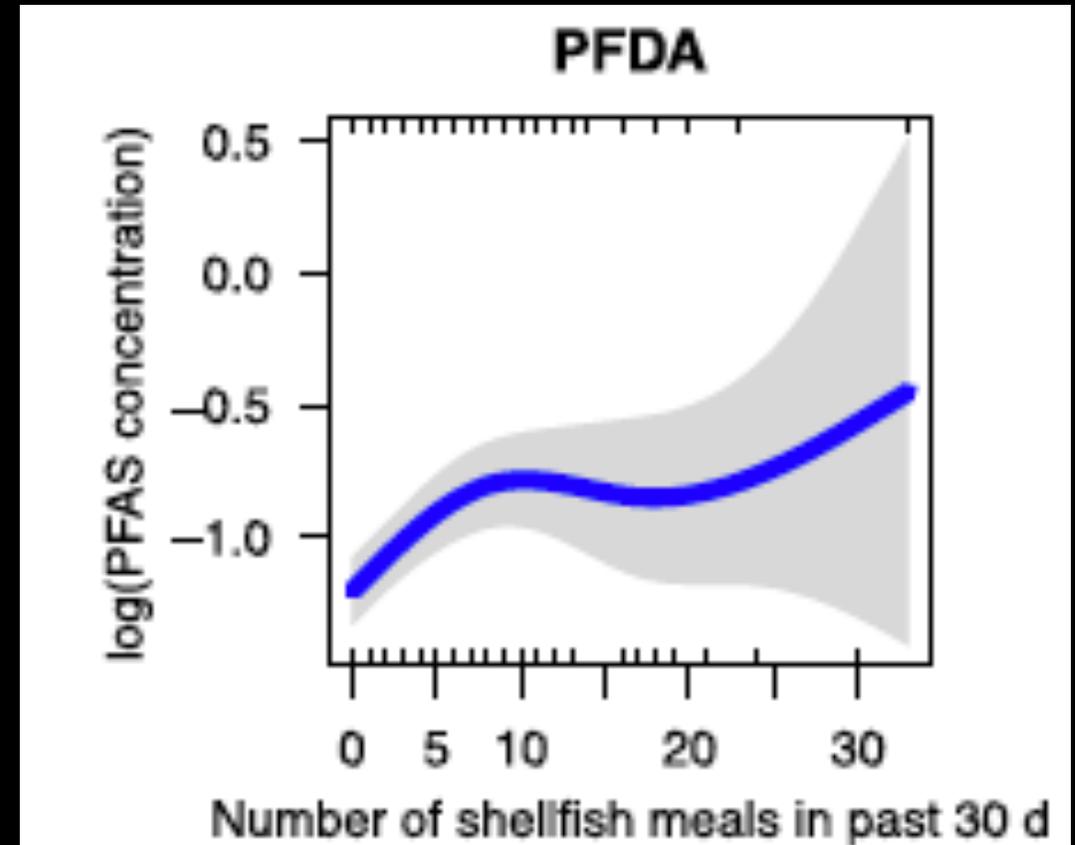
Also useful for source  
identification of AFFF on  
Cape Cod (Ruyle et al., 2021)

# Human data can be validated by identifying associations with exposure using survey data on behavior

## Faroese Children



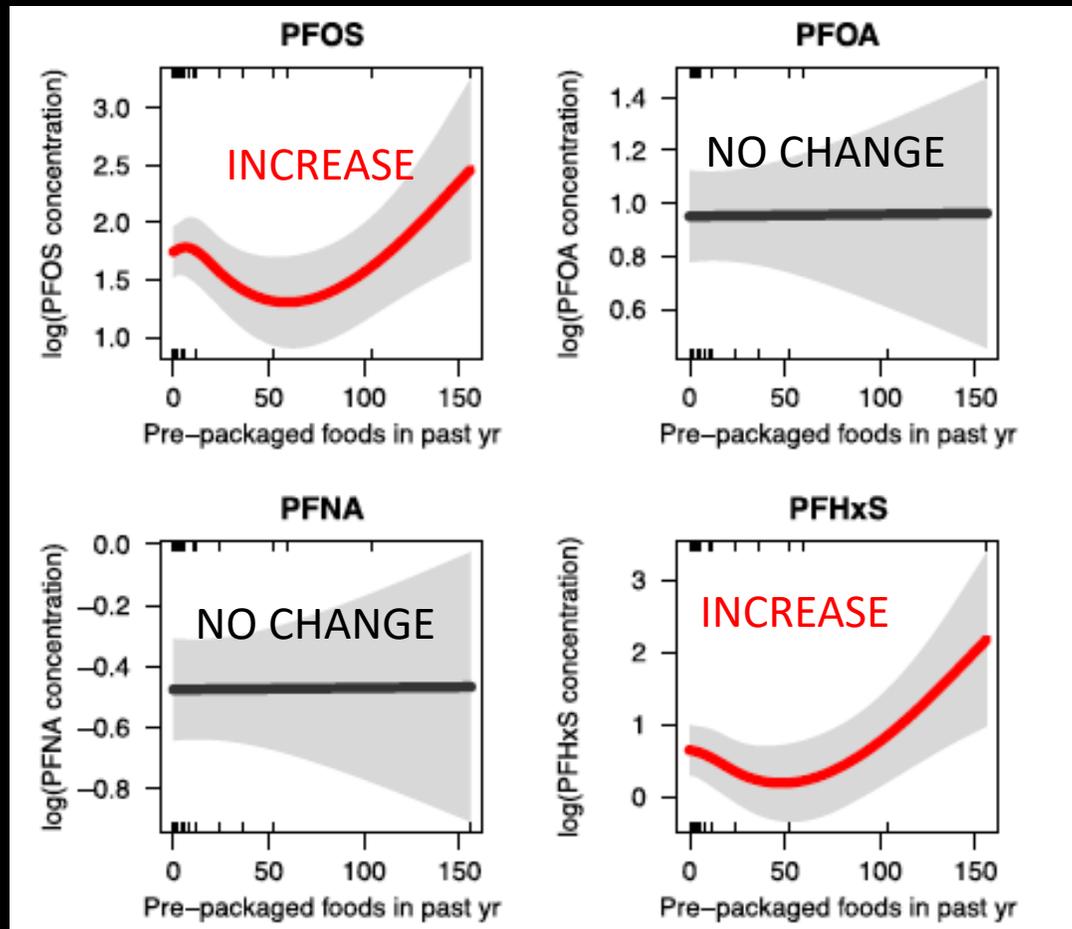
## NHANES 2005-2006



*Hu et al. 2018*

# Human data can be validated by identifying associations with exposure using survey data on behavior

Cohort of pregnant women in Vancouver, Canada



Hu et al., 2018, Environmental Health



BY SARAH GIBBENS 10 OCTOBER 2019

## FAST FOOD INCREASES EXPOSURE TO A FOREVER CHEMICAL CALLED PFAS

Used in fast food packaging, the long-lasting chemicals can seep into food—and build up in our bodies.



FOLLOW

SHARE

TWEET



# Summary of chemometric approach



## Measure

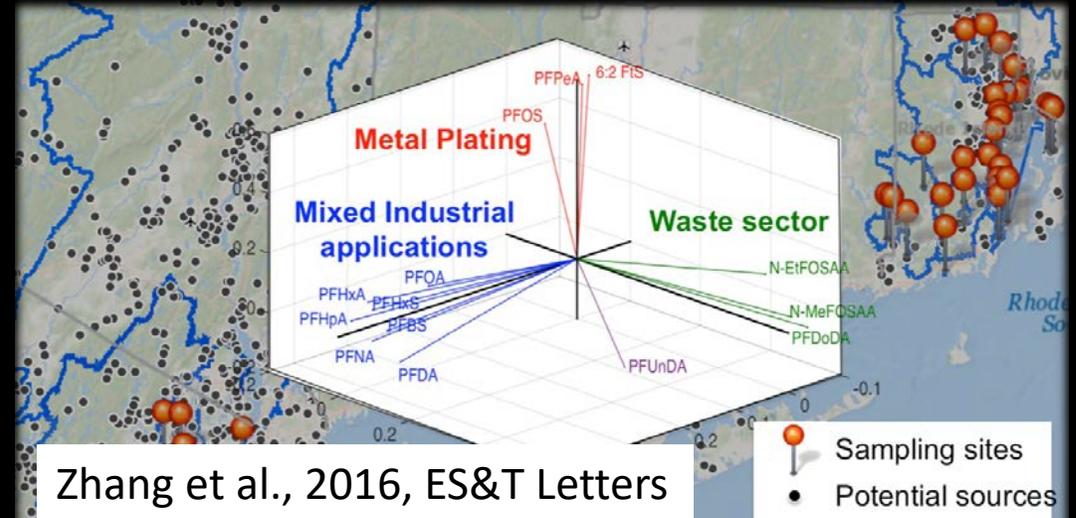
- Quantify the broadest suite of PFAS feasible

## Derive source profile

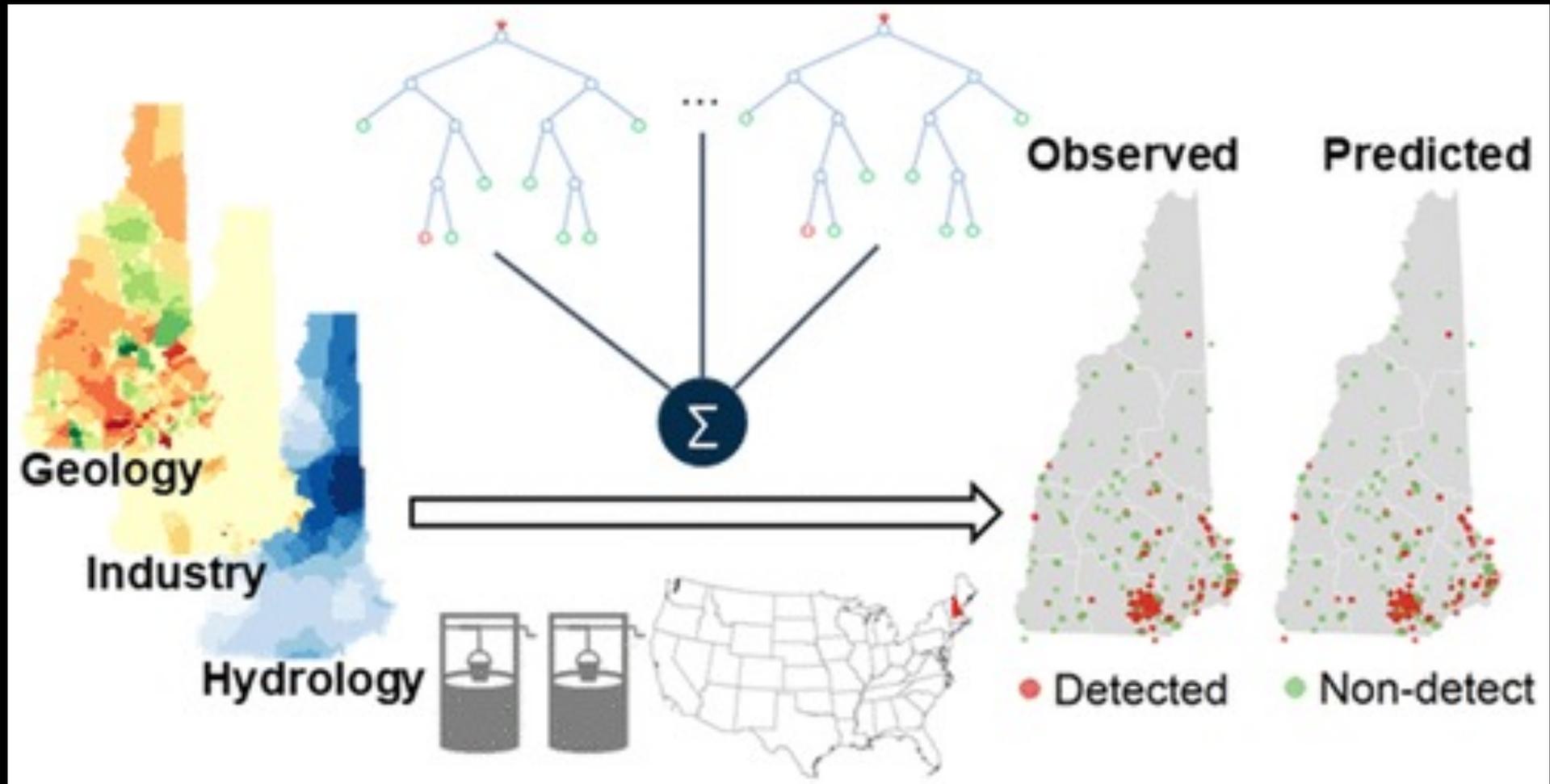
- Principal Component Analysis (PCA) and Hierarchical Clustering

## Interpret and identify

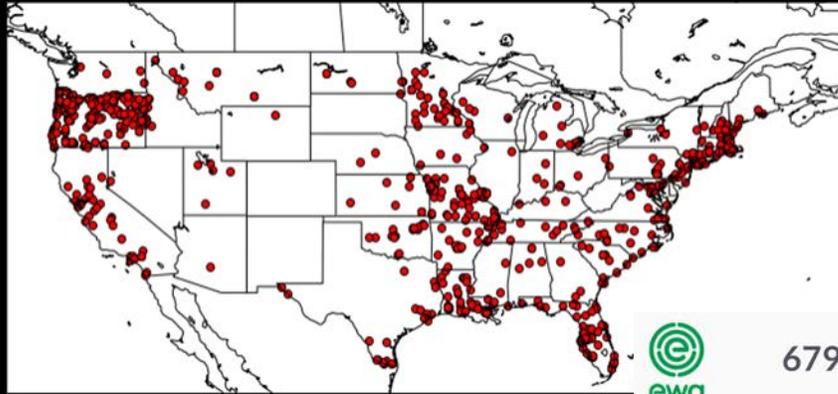
- Geospatial analysis
- **Source information**
- Environmental transformation and toxicokinetics



# Extension of approach to model likelihood of detecting PFAS in private wells in the state of NH, USA: Good data on sources needed

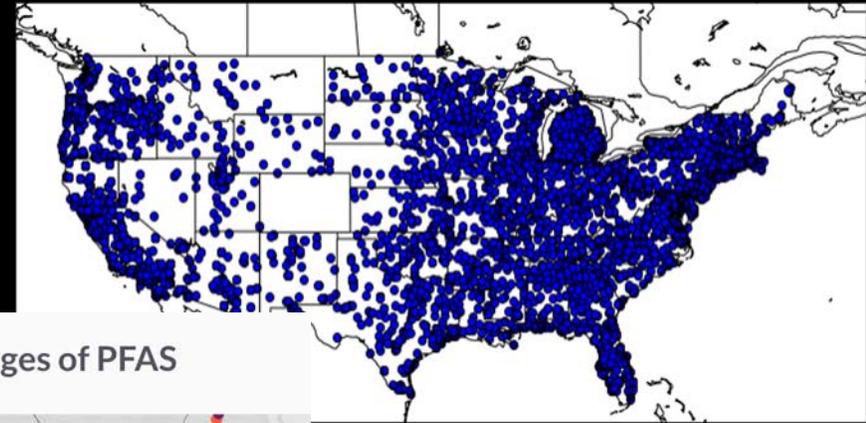


# Still large gaps in data on PFAS releases: Present methods for inferring sources has limited accuracy and require ground-truthing



Incinerators

Facility Registry Service (FRS) code queries identify locations



Landfills



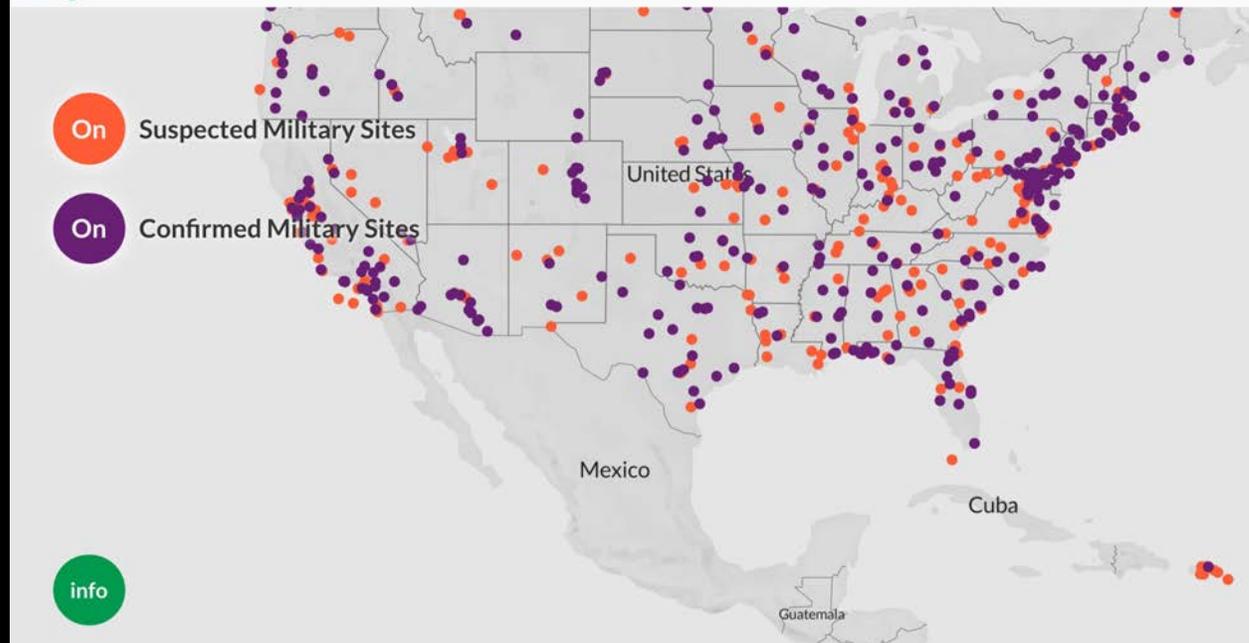
679 Military Sites With Known or Suspected Discharges of PFAS



Suspected Military Sites



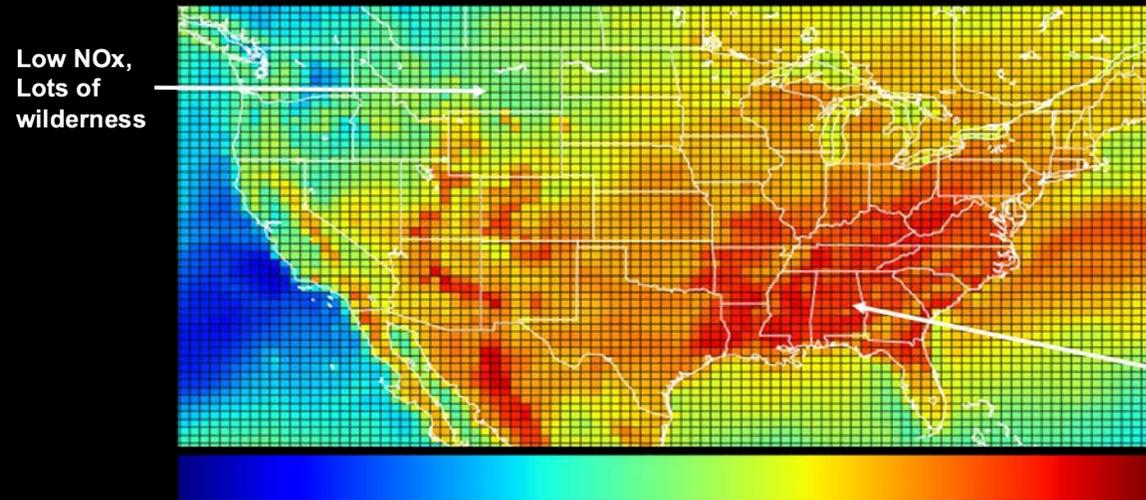
Confirmed Military Sites



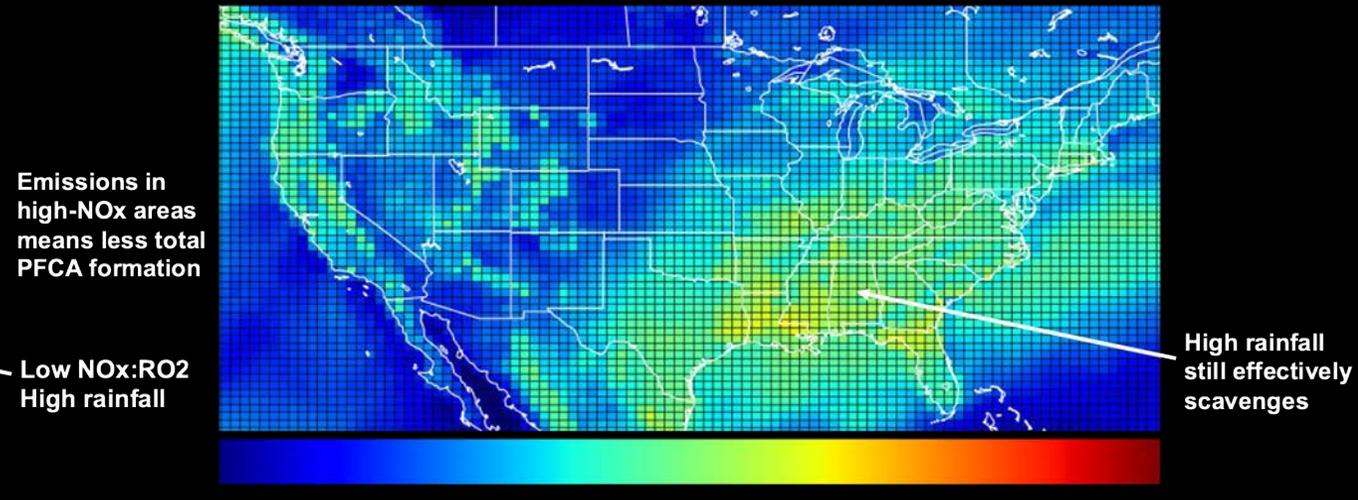
# Example: Redistribution of atmospheric precursor emissions results in 4x lower modeled PFCA deposition

Modeled PFCA deposition ( $\text{ng m}^{-2} \text{yr}^{-1}$  per tonne emitted)

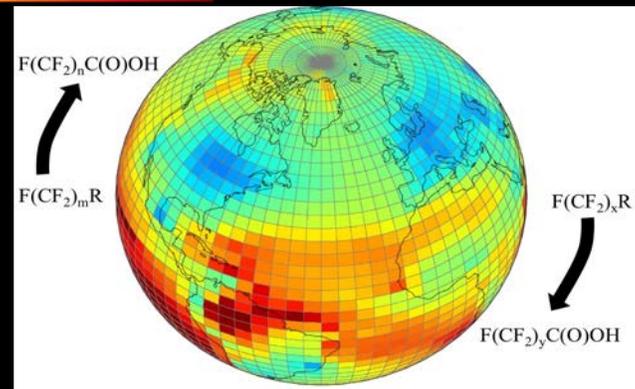
Influence of uniformly emitted precursors



Influence of precursors emitted at incinerator sites



Sun, Thackray et al. (in prep.)

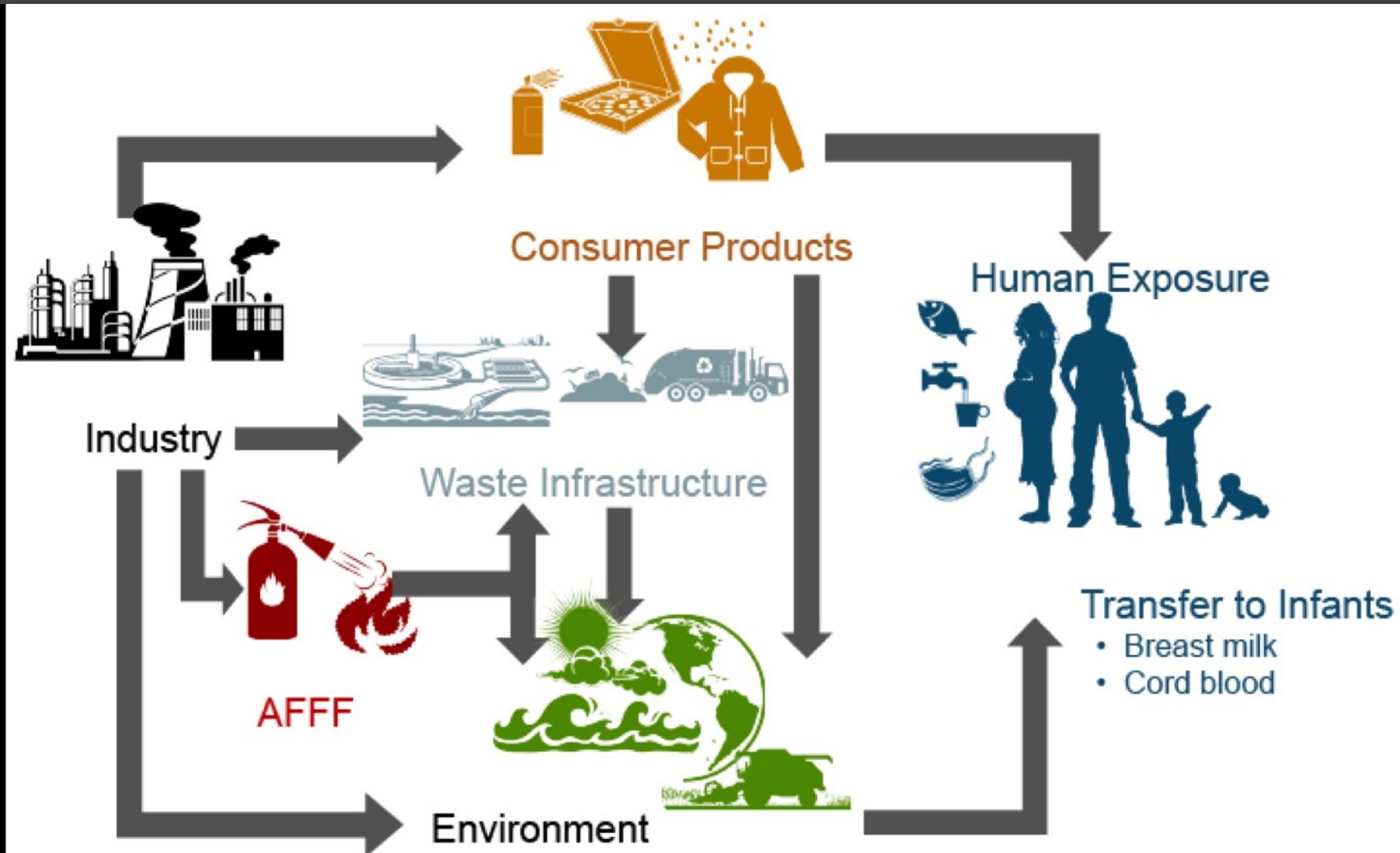


# A Few Grand Challenges for PFAS Exposure Research

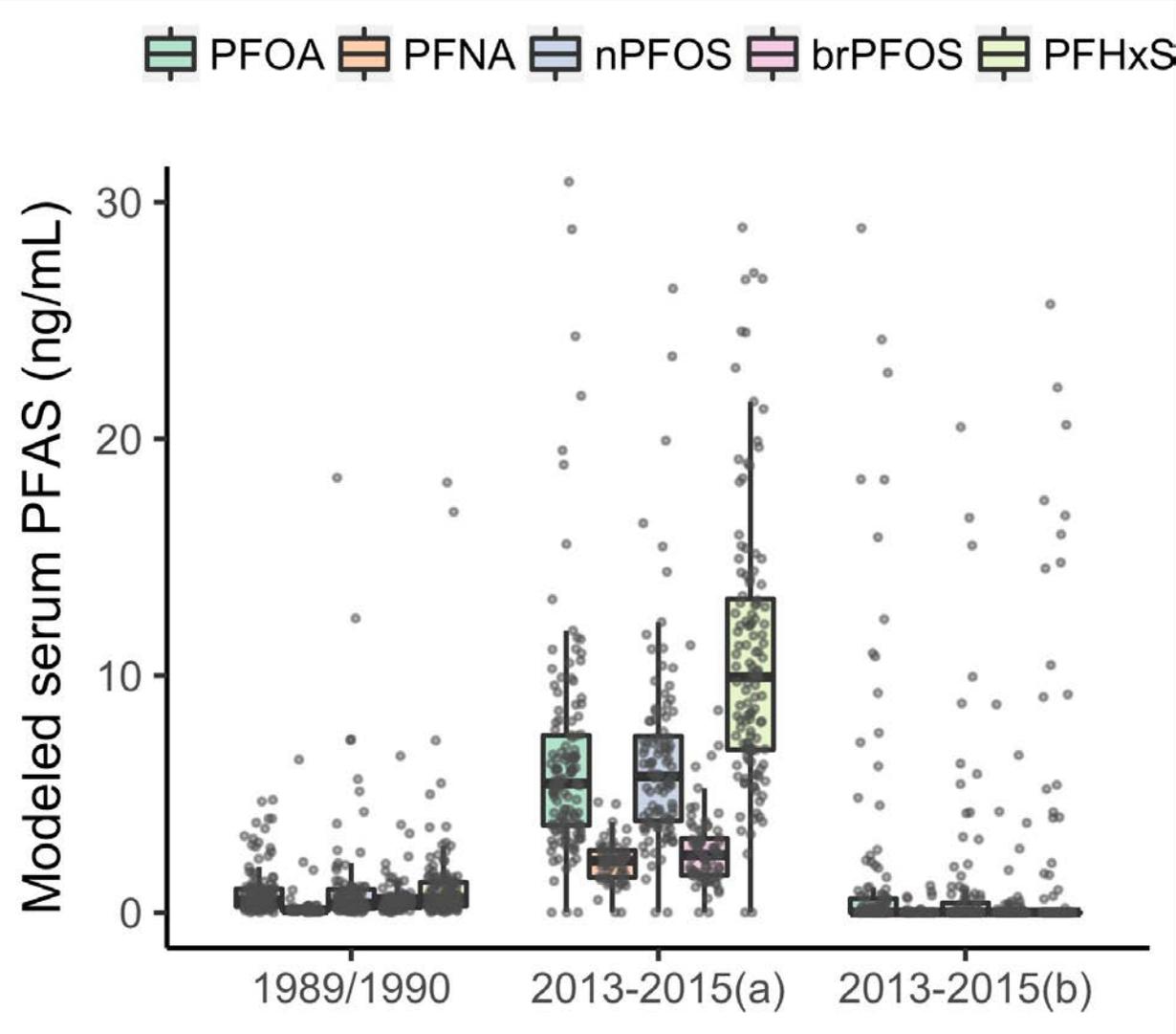
1. Targeted methods for analysis underestimate total PFAS exposure
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# Two timescales of human exposures with different solutions:

1) Contemporary production of new compounds; 2) Legacy contamination



# Suggestive increases in general population exposures from drinking water between 1989/1990 and 2013-2015



Hu et al., 2019, EHP

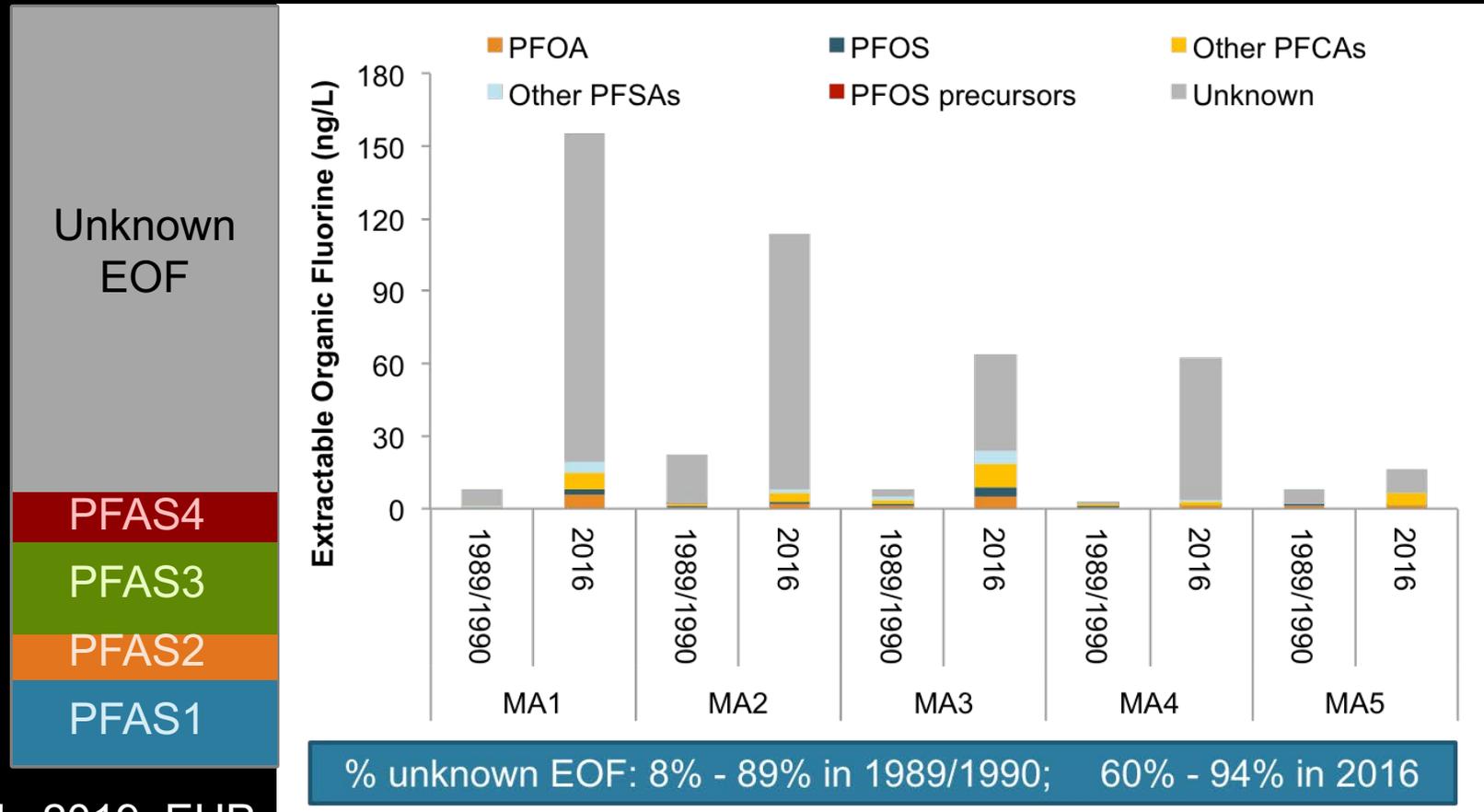
# Pilot data suggest large increase in unidentified PFAS in drinking water: Consistent with production trends

Extractable organic fluorine (EOF)

**Thousands** of chemical structures registered

**>200** detected

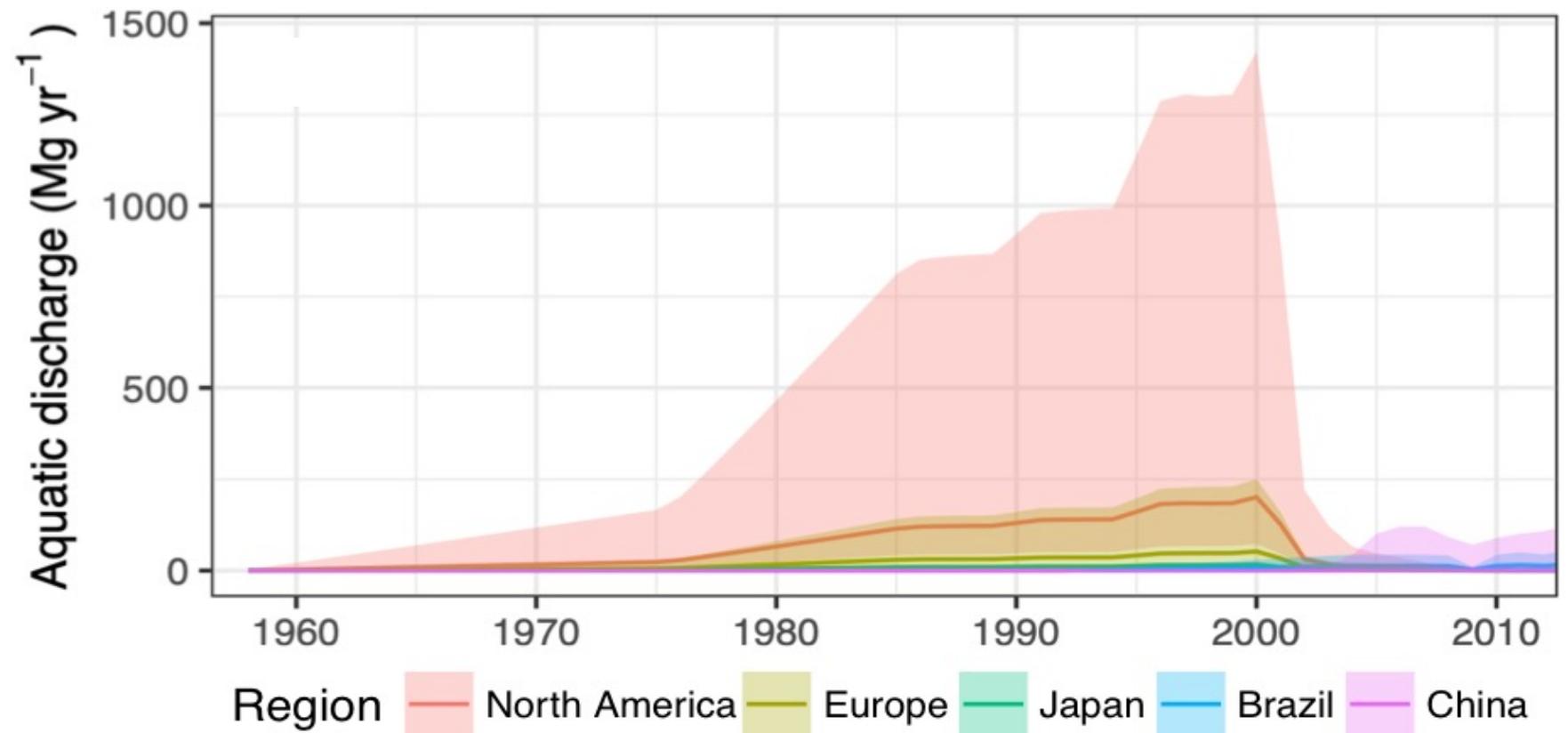
**Toxicity** of alternative PFASs not well understood



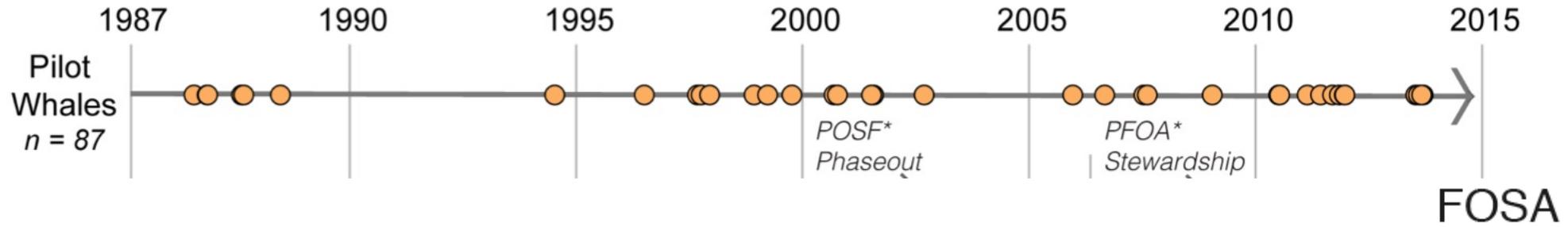
Hu et al., 2019, EHP

Production changes:  
What has happened following the phase out of POSF production ca. 2000?

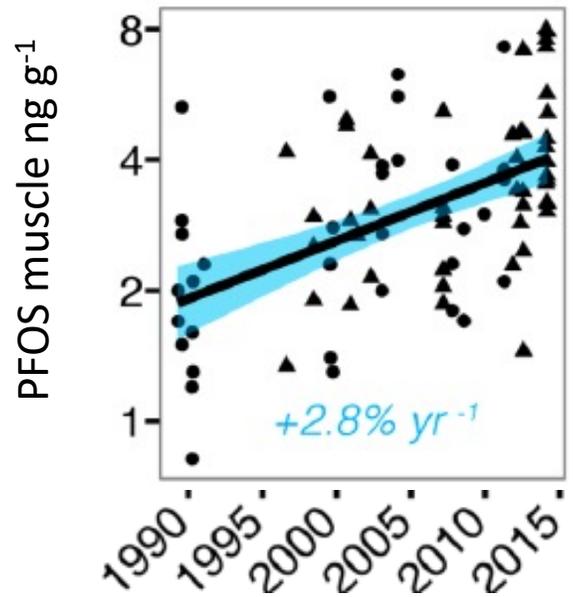
Modeled PFOS discharges from rivers to the global oceans



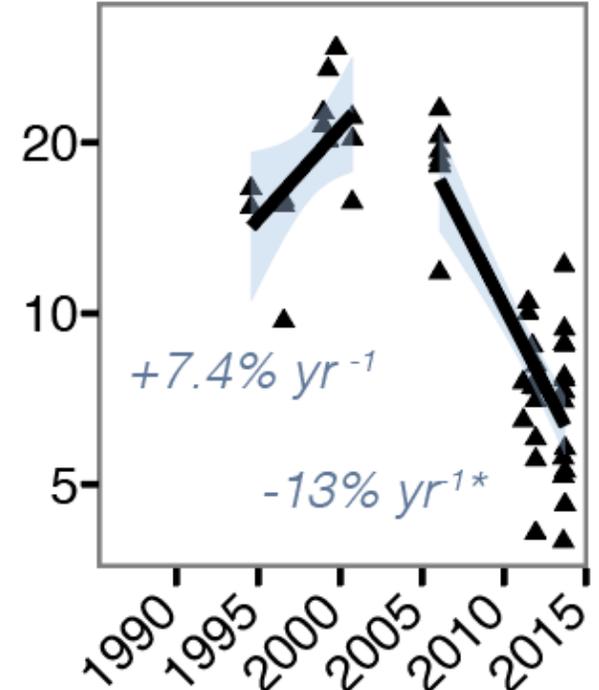
# Declining atmospheric FOSA (a PFOS precursor) drives declines in pilot whale PFAS exposures since 2000



Dassuncao et al., 2017, ES&T

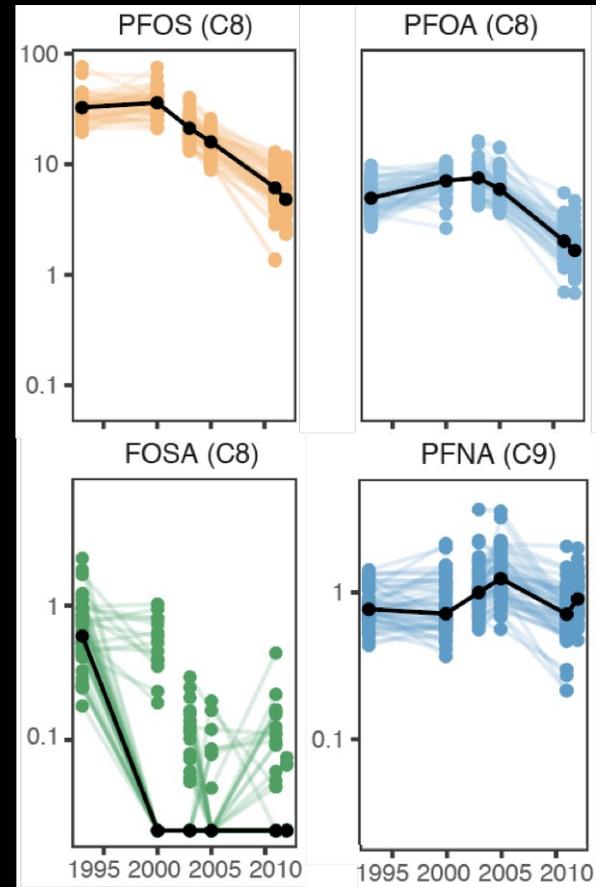
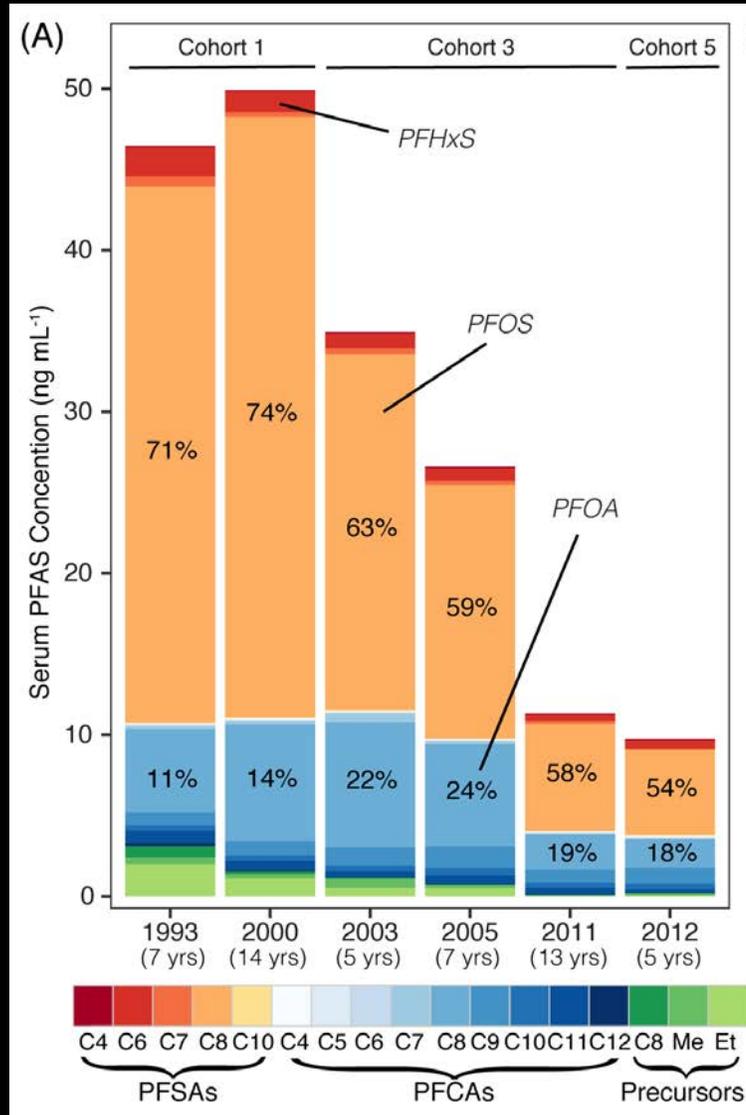


Juvenile males 9-12 years



# Rapid declines in targeted PFAS in children's serum driven mainly by PFOS, PFOA, and FOSA

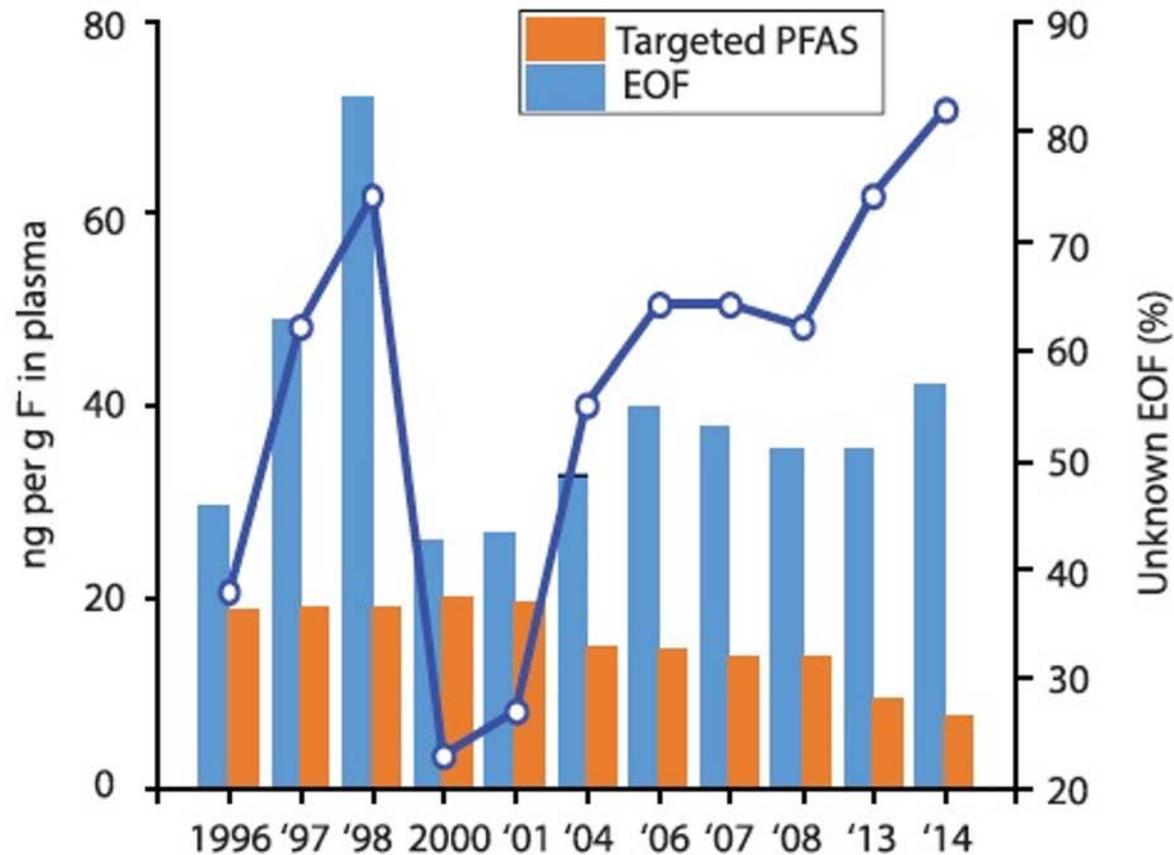
Some long chain PFAS (i.e., PFNA) stable or increasing



Dassuncao et al., 2018

# Large quantities of organofluorine in human serum

First-time mothers in Uppsala, Sweden exposed to PFAS by AFFF-contaminated drinking water supply



Data from Miaz et al., 2020, ESPI

Summary: Better understanding of predominant exposure sources for different populations is needed for risk mitigation

## Present Gaps

- Simple analytical techniques for closing PFAS mass budget
- Incomplete information on pollution sources
- Limited data on impacts of changes in production and regulation on exposure

## Solutions

- Toolbox of available techniques; analytical innovation and standardization of methods needed
- Chemometric methods; data science and modeling using available observations; more systematic exposure studies
- Longitudinal human/wildlife data; total PFAS measurements

# Acknowledgements

- **Contributions**

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RICHARD AND SUSAN  
SMITH FAMILY  
FOUNDATION